

# AUGUST 2018

# MASON WRIGHT CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>LR: Living Room, 1st floor</i>  <i>D: Diner, 1st fl.</i>  <i>DR: Dining Room</i>  <i>4: Activity Room, 4th floor</i>  <i>SU: Sign up in binder V: Van</i>  <i>C: Chapel, 4th LI: Library, 1st</i>  <i>SR: Sunroom, 1st L: Lobby</i></p>	<p style="text-align: center;"><b>AUGUST BIRTHDAYS</b></p> <p>Leona Troie, 8/4 Jane Closson, 8/5            Erwin Carelock, 8/6 Ramona Caceres, 8/9            Lori Antoine, 8/9 Erma Coffey, 8/15            Robert Barrows, 8/18 Joan Fitzgerald, 8/26            Mauriane Renaudette, 8/29</p>		<p><b>1</b></p> <p>9:30 Morning Fitness: SR            10:00 Fab &amp; Fit: D  <b>2:00 Book Club: LI</b>  <b>3:00 Lanes &amp; Nets: SR</b></p>	<p><b>2</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Walmart: SU/V</b>            1:30 Bingo: 4            2:30 Coloring for Relaxation: 4            3:00 Nails &amp; Chit Chat: 4</p>	<p><b>3</b></p> <p>9:30 Zumba Silver: SR  <b>10-2 Treasure Hunter's Sale</b></p> <p style="text-align: center;"><b>SALE</b></p>	<p><b>4</b></p> <p>9:30 Morning Fitness: SR  <b>10:00 Chair Yoga: SR</b>  <b>10:30 Jackie &amp; Friends: C</b>            1:30 Bingo: 4            3:00 Afternoon Social/Games: 4</p>
<p><b>5</b></p> <p>9:30 Morning Fitness: SR            10:30 Coffee &amp; Conversation: LR            1:30 Bingo: 4            2:30 Sunday Cinema: 4</p>	<p><b>6</b></p> <p>9:30-4 Salon open: LL            9:30 Morning Fitness: SR  <b>10:00 Tai Chi &amp; Qigong: SR</b>            2:30 Afternoon Social: 4            3:00 Creative Corner: 4</p>	<p><b>7</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Aldi's: SU/V</b>            1:30 Bingo: 4  <b>3:00 Nutritionist "How to Reduce Inflammation": SR</b>            (No Quiz Show today)</p>	<p><b>8</b></p> <p>9:30 Morning Fitness: SR  <b>10:00 Music Club w/ Sarah: SR</b>            (w/ Bright Futures children)  <b>2:00 AL Council Meeting: SR</b>  <b>3:00 Lanes &amp; Nets: SR</b></p>	<p><b>9</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Dollar Tree: SU/V</b>            1:30 Bigtime Bingo: 4            2:30 Coloring for Relaxation: 4  <b>2:30 Mr. Cone: SU / V</b>            3:00 Nails &amp; Chit Chat: 4</p>	<p><b>10</b></p> <p>9:30 Zumba Silver: SR            10:00 Coffee &amp; Conversation: LR  <b>11:00 Farmer's Market: SU / V</b>            11:00 Walking Group: L            1:00 Support Group: 3rd floor  <b>2:30 Art Show Opening: SR</b></p>	<p><b>11</b></p> <p>9:30 Morning Fitness: SR  <b>10:00 Life Center Ministry: C</b>            1:30 Bingo: 4            3:00 Afternoon Social/Games: 4</p>
<p><b>12</b></p> <p>9:30 Morning Fitness: SR            10:30 Coffee &amp; Conversation: LR            1:30 Bingo: 4            2:30 Sunday Cinema: 4</p>	<p><b>13</b></p> <p>9:30-4 Salon open: LL            9:30 Morning Fitness: SR  <b>10:00 Chair Yoga: SR</b>            2:30 Afternoon Social: 4            3:00 Creative Corner: 4</p>	<p><b>14</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Big Y: SU/V</b>            1:30 Bingo: 4  <b>2:00 TH Resident Council: SR</b>            2:30 Easy Listening: 4            3:00 Quiz Show: 4</p>	<p><b>15</b></p> <p>9:30 Morning Fitness: SR            10:00 Fab &amp; Fit: D  <b>12:00 Lunch at Friendly's: SU/V</b>  <b>2:00 Book Club: LI</b>  <b>3:00 Lanes &amp; Nets: SR</b></p>	<p><b>16</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Big Lots: SU/V</b>            1:30 Bingo: 4            2:30 Coloring for Relaxation: 4            3:00 Nails &amp; Chit Chat: 4</p>	<p><b>17</b></p> <p>9:30 Zumba Silver: SR  <b>9:45 Yellow Bear Tag Sale: SU/V</b>            10:00 Coffee &amp; Conversation: LR            11:00 Walking Group: L  <b>1:30 Bible Study: C</b>            2:00 Giant Crosswords: 4</p>	<p><b>18</b></p> <p>9:30 Morning Fitness: SR  <b>10:00 Chair Yoga: SR</b>  <b>10:30 Lighthouse Ministry: C</b>  <b>1:00 Revival Time: C</b>            1:30 Bingo: 4            3:00 Afternoon Social/Games: 4</p>
<p><b>19</b></p> <p>9:30 Morning Fitness: SR            10:30 Coffee &amp; Conversation: LR            1:30 Bingo: 4            2:30 Sunday Cinema: 4</p>	<p><b>20</b></p> <p>9:30-4 Salon open: LL            9:30 Morning Fitness: SR  <b>10:00 Tai Chi &amp; Qigong: SR</b>            2:30 Afternoon Social: 4            3:00 Creative Corner: 4</p>	<p><b>21</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Stop &amp; Shop: SU/V</b>            1:30 Bingo: 4            2:30 Easy Listening: 4            3:00 Quiz Show: 4</p>	<p><b>22</b></p> <p>9:30 Morning Fitness: SR            10:00 Fab &amp; Fit: D  <b>2:00 Sing Along w/ Frank: SR</b>            (Songs from Oklahoma &amp; more)  <b>3:00 Lanes &amp; Nets: SR</b></p>	<p><b>23</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Walmart: SU/V</b>            1:30 Prize Bingo: 4            2:30 Coloring for Relaxation: 4            3:00 Nails &amp; Chit Chat: 4</p>	<p><b>24</b></p> <p>9:30 Zumba Silver: SR            10:00 Coffee &amp; Conversation: LR            11:00 Walking Group: L  <b>12:00 Outdoor BBQ: Patio</b>            2:30 Giant Crosswords: 4</p>	<p><b>25</b></p> <p>9:30 Morning Fitness: SR  <b>10:00 Life Center Ministry: C</b>            1:30 Bingo: 4            3:00 Afternoon Social/Games: 4</p>
<p><b>26</b></p> <p>9:30 Morning Fitness: SR            10:30 Coffee &amp; Conversation: LR            1:30 Bingo: 4            2:30 Sunday Cinema: 4</p>	<p><b>27</b></p> <p>9:30-4 Salon open: LL            9:30 Morning Fitness: SR  <b>10:00 Chair Yoga: SR</b>            2:30 Afternoon Social: 4            3:00 Creative Corner: 4</p>	<p><b>28</b> (*note room changes below*)</p> <p>9:30 Kick Boxing: SR  <b>9:45 Big Y: SU/V</b>            1:30 Bingo: *D*  <b>2:30 Food For Thought: SR</b>            3:00 Quiz Show: *D*</p>	<p><b>29</b></p> <p>9:30 Morning Fitness: SR            10:00 Fab &amp; Fit: D  <b>2:00 August Birthday Bash: SR</b>            (w/ Sandy &amp; Sandy)  <b>3:00 Lanes &amp; Nets: SR</b>  <b>3:30 Mason Bucks Store: *D*</b></p>	<p><b>30</b></p> <p>9:30 Kick Boxing: SR  <b>9:45 Randal's Farm: SU/V</b>            1:30 Bingo: 4            2:30 Coloring for Relaxation: 4            3:00 Nails &amp; Chit Chat: 4</p>	<p><b>31</b></p> <p>9:30 Zumba Silver: SR            10:00 Coffee &amp; Conversation: LR            11:00 Walking Group: L  <b>1:30 Bible Study: C</b>  <b>2:30-4 International Buffet: SR</b>            (bag dinner for evening meal)</p>	<p><b>SALON: Lower Level, Mondays, 9:30-4:00 by appointment.</b>            Sets, haircuts, shampoos, color, perms, manicures, and other services. Book appointments at front Desk. Book at Front Desk.</p>