


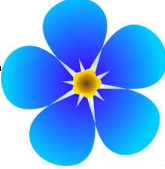





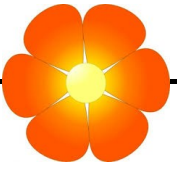

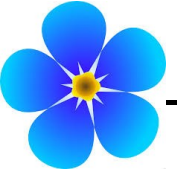

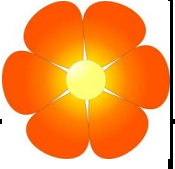



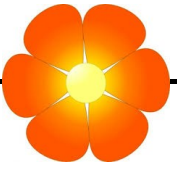

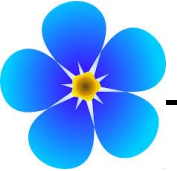
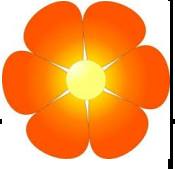






APRIL 2019 MASON WRIGHT REFLECTION CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:30 Indoor Stroll 2:30 Word search/ coloring 3:30 Classic Comedy show 6:00 Evening Gathering	2 9:45 Kick Boxing 10:30 Circle of Friends: Spin & Solve 12:30 Relax w/ magazines 1:30 Expression Art 3:00 Afternoon Stretching 3:45 Sing Along 6:00 Bingo	3 9:45 Zumba Silver w/ Fatou 10:00 Sing Out! 10:15 Fab & Fit 12:30 Relax w/ magazines 1:30 Dr. Seuss Museum 2:15 Word Search 3:00 Afternoon Fitness 6:00 Pampering	4 9:45 Kick Boxing 10:30 Artist Hub 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:30 Easy Listening 3:30 Afternoon stroll 6:00 Bingo 	5 9:45 Morning Fitness 10:30 Circle of Friends: Hangman 12:30 Relax w/ magazines 1:30 Bible Study w/ Christine: C 2:30 Happy Hour with Crimson Canary 6:00 Evening Gathering	6 9:45 Morning Fitness 10:15 Chair Yoga 10:30 Jackie & Friends 12:30 Relax with music 1:00 Revival Time: C 2:30 Word Search 3:15 Classic comedy Show 6:00 Bingo
7 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:45 Trivia 3:00 Singin w/ Marvin 6:00 Bingo 	8 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 Funny Bone 3:30 You be the Judge 6:00 Pampering 	9 9:45 Kick Boxing 10:30 Circle of Friends: Ring Toss 12:30 Relax w/ magazines 1:30 Expression Art 3:00 Feed the birds 3:45 Word search 6:00 Evening Gathering	10 9:45 Zumba Silver w/ Fatou 10:00 Sing Out! 10:15 Fab & Fit 12:30 Relax w/ magazines 1:30 Kiosk w/ RCA 2:15 Singin w/ Marvin 3:00 Afternoon Fitness 6:00 Pampering 	11 9:45 Kick Boxing 10:30 Artist Hub 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:30 Coloring for relaxation 3:30 Trivia 6:00 Movie and Popcorn 	12 9:45 Morning Fitness 10:15 Introduction to Meditation 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 Iced Tea & Conversation 3:30 Fun Facts 6:00 Pampering	13 9:45 Morning Fitness 10:15 Life Center Ministry: C 12:30 Relax with magazines 1:30 Time for a stroll 2:30 Bean Bag Toss 3:15 Trivia 6:00 Bingo
14 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Feed the birds 2:45 Let's make milkshakes 6:00 Bingo 	15 Jackie Robinson Day 9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Jackie Robinson Fun Facts 3:30 Afternoon Exercise 6:00 Evening Gathering	16 9:45 Kick Boxing 10:00 Sing Out! 10:30 Circle of Friends: Hangman 12:30 Relax w/ magazines 1:30 Expression Art 3:00 Guess that song 6:00 Bingo 	17 9:45 Zumba Silver w/ Fatou 10:15 Music club w/ Sarah 12:30 Relax w/ magazines 1:30 Time for a stroll 2:15 Charades 3:00 Word Search/ Coloring 6:00 Pampering 	18 9:45 Kick Boxing 10:30 Artist Hub 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:30 Easy Listening 3:30 Afternoon Stretching 6:00 Bingo 	19 9:30-11:00am  Easter Egg-Stravaganza 12:30 Relax w/ music 1:30 Spiritual Moment 1:30 Bible Study w/ Christine: C 2:30 Funny Bone 3:30 Afternoon Stretching 6:00 Evening Gathering	20 9:45 Morning Fitness 10:15 Chair Yoga 10:30 Lighthouse Ministry: 4th FL 12:30 Relax w/ music 1:00 Revival Time 2:30 Let's get Crafty 6:00 Bingo 
21 Easter Sunday 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a stroll 2:45 Singin w/ Marvin 3:30 Old Classic Comedy Show 6:00 Bingo  	22 Earth Day 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Time for a Stroll 2:00 Planting for Earth Day: D/ Outdoor Patio 6:00 Coloring for relaxation	23 9:45 Kick Boxing 10:15 Circle of Friends: Football Toss 12:30 Housekeeping/relax w/ music 1:30 Expression Art 3:00 Feed the birds 3:45 Easy Listening 6:00 Evening Gathering 	24 9:45 Zumba Silver w/ Fatou 10:00 Sing Out! 10:15 Reading w/ Bright Future 11:30 Lunch at Applebees 12:30 Housekeeping/relax w/ music 1:30 Kiosk w/ RCA 2:00 Sing a long with Frank: SR 3:00 Afternoon Fitness 6:00 Coloring for relaxation 	25 9:45 Kick Boxing 10:30 Artist Hub 12:30 Housekeeping/ Relax w/ music 1:30 Time for a stroll 2:30 Passover Cooking Demonstration: D 3:30 Guess that song 6:00 Movie & Popcorn  	26 9:45 Morning Fitness 10:30 North Hadley Sugar Shack 10:40 Circle of Friends: Yesterday 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 Birthday Bash w/ Richie & Ethel 3:30 Charades 6:00 Coloring for relaxation 	27 9:45 Morning Fitness 10:00 Life Center Ministry: 4th FL 12:30 Relax w/ magazines 1:30 Time for a stroll 2:00 Funny Bone 3:30 Sing Along 6:00 Bingo 
28 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Easy listening 2:45 Coloring for relaxation 3:30 Afternoon Stretching: Kiosk 6:00 Bingo 	29 9:45 Morning Fitness 10:30 Circle of Friends: Yesterday's 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Iced Tea & Chit Chat 3:30 This & That Trivia 6:00 Evening Gathering	30 9:45 Kick Boxing 10:15 Circle of Friends: Family Feud 12:30 Relax w/ magazines 1:30 Expression Art 3:00 Afternoon Stretching 6:00 Bingo		Keeping Busy Ideas: There is a notebook/binder of things to do with residents when there are lulls in activity. It's kept in the kitchen cabinets. Please feel free to add ideas to the binder, or to suggest them to Life Enrichment staff.		Morning Meeting: Every weekday at 8:30 in Christie's office, to go over the day's schedule. One RCA each morning is encouraged to attend whenever possible.