










MARCH 2019 MASON WRIGHT REFLECTION CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning Meeting: Every weekday at 8:30 in Christie's office, to go over the day's schedule. One RCA each morning is encouraged to attend whenever possible.</p>	<p>Keeping Busy Ideas: There is a notebook/binder of things to do with residents when there are lulls in activity. It's kept in the kitchen cabinets. Please feel free to add ideas to the binder, or to suggest them to Life Enrichment staff.</p>	 <p>Estelle B. 03/14 Dorothy W. 03/14 Ellen C. 03/24</p>			<p>1 9:30 Morning Fitness 10:15 Circle of Friends: Spin & Solve 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:30 Happy Hour with Dave Colucci 6:00 Evening Gathering</p>	<p>2 9:30 Morning Fitness 10:00 Chair Yoga 10:30 Jackie & Friends 12:30 Relax with music 1:30 Time for a stroll 3:15 Classic comedy Show 6:00 Bingo</p>
<p>3 9:30 Morning Fitness 10:15 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:45 Trivia 3:30 Sunday Matinee 6:00 Bingo</p>	<p>4 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ magazines 1:15 Time for stroll 2:30 Creative Corner 6:15 Kiosk: Old Time Radio Show</p>	<p>5 Mardi Gras 9:30 Kick Boxing 10:15 Gabbin' w/ Kayla 12:30 Relax w/ magazines 1:45 Mardi Gras Party with Richie Mitnick: SR 3:30 Charades 6:00 Bingo</p>	<p>6 Ash Wednesday 9:30 Zumba Silver w/ Fatou 10:00 Fab & Fit 10:00 Sing Out! 12:30 Relax w/ magazines 1:30 Kiosk w/ RCA 2:15 Role Play 3:00 Afternoon Fitness 6:00 Pampering</p>	<p>7 9:30 Kick Boxing 10:15 Circle of Friends: Football Toss 12:30 Relax w/ magazines 1:30 Springfield Museum 2:30 Coloring & Music 6:00 Movie and Popcorn</p>	<p>8 International Women's Day 9:30 Morning Fitness 10:15 Circle of Friends: Ring Toss 12:30 Relax w/ magazines 1:30 Bible Study w/ Christine: C 3:00 Afternoon Fitness 6:00 Pampering</p>	<p>9 9:30 Morning Fitness 10:00 Life Center Ministry: C 12:30 Relax with magazines 1:30 Time for a stroll 3:15 Trivia 6:00 Bingo</p>
<p>10 9:30 Morning Fitness 10:15 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Pool Game 2:45 Cooking w/ Fatou 3:30 Sunday Matinee 6:00 Bingo</p> 	<p>11 9:30 Morning Fitness 10:00 Chair Yoga 10:30 Circle of Friends: Memory Ball 12:30 Relax w/ magazines 1:30 Feed the birds 2:30 Styling w/ Fatou 6:00 Pampering</p> 	<p>12 9:30 Kick Boxing 10:15 Circle of Friends: Hangman 12:30 Relax w/ magazines 1:30 Kiosk w/ RCA 2:30 Coloring for Relaxation 3:30 Classic comedy Show 6:00 Evening Gathering</p>	<p>13 9:30 Zumba Silver w/ Fatou 10:00 Sing Out! 11:30 Lunch at DQ 12:30 Relax w/ magazines 1:30 Kiosk w/ RCA 2:00 Coloring & Easy Listening 3:00 Afternoon Fitness 6:00 Pampering</p> 	<p>14 9:30 Kick Boxing 10:15 Circle of Friend: Spin and Solve 12:30 Relax w/ magazines 1:15 Rebecca Johnson: SU/V 1:30 Coloring for relaxation 2:30 Classic Comedy Show 6:00 Bingo</p>	<p>15 9:30 Morning Fitness 10:00 Circle of Friends: Fun Facts 12:30 Relax w/ music 2:30 St. Patrick's Day Happy Hour with Sarah the Fiddler: SR 6:00 Evening Gathering</p>	<p>16 9:30 Morning Fitness 10:00 Chair Yoga 10:30 Lighthouse Ministry: 4th FL 12:30 Relax w/ music 1:00 Revival Time 2:30 Let's get Crafty 6:00 Bingo</p>
<p>17 St. Patrick's Day 9:30 Morning Fitness:3rd floor 10:15 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Indoor Walk 2:00 Coloring for relaxation 3:00 Sunday Matinee 6:00 Bingo</p>	<p>18 9:30 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Coloring for relaxation 3:30 Fun Facts 6:00 Evening Gathering</p>	<p>19 10:15 Circle of Friends: Hangman 12:30 Housekeeping/relax w/ music 1:00 Eastfield Cinema 2:30 Kiosk w/ RCA 3:30 Easy Listening 6:00 Bingo</p>	<p>20 First Day of Spring 9:30 Zumba Silver w/ Fatou 10:00 Fab & Fit 10:00 Sing Out! 12:30 Housekeeping/relax w/ music 1:30 Time for a Stroll 2:15 Singing w/ Marvin 3:00 Word Search 6:00 Coloring for relaxation</p> 	<p>21 9:30 Kick Boxing 10:15 Circle of Friends: Bowling 12:30 Housekeeping/ Relax w/ music 1:30 Indoor Walk 2:00 Nails and Pampering with Phoenix Charter School: D 3:30 Coloring For relaxation 6:00 Movie & Popcorn</p>	<p>22 9:30 Morning Fitness 10:15 Circle of Friends: Hangman 12:30 Relax w/ magazines 1:30 Bible Study w/ Christine: C 2:30 Chit Chat w/ Kayla 3:00 Afternoon Fitness 6:00 Coloring for relaxation</p>	<p>23 9:30 Morning Fitness 10:00 Life Center Ministry: 4th FL 12:30 Relax w/ magazines 1:30Time for a stroll 2:00 Decorating Cupcakes 3:30Football Toss 6:00 Bingo</p> 
<p>24 9:30 Morning Fitness 10:15 Kiosk w/ RCA 1:30 Bake Birthday Cake 2:45 March Birthday Party 6:00 Bingo</p> 	<p>25 9:30 Morning Fitness 10:00 Chair Yoga 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Iced Tea & Chit Chat 3:30: Sing Along 6:00 Coloring for relaxation</p>	<p>26 9:30 Kick Boxing 10:15 Circle of Friends: Family Feud 12:30 Relax w/ magazines 1:00 Picnic at Forest Park 2:00 Kiosk w/ RCA 3:30 Easy Listening 6:00 Bingo</p>	<p>27 9:30 Zumba Silver w/ Fatou 10:00 Fab & Fit 10:00 Sing Out! 12:30 Housekeeping/relax with music 1:30 Time for a stroll 2:00 Birthday Bash with Sandy & Sandy: SR 6:00 Evening Gathering</p> 	<p>28 9:30 Kick Boxing 10:15 Circle of Friends: Hangman 12:30 Housekeeping/ Relax w/ music 1:30 Nails & Chit Chat 2:00 Easy Listening 3:30 Coloring for relaxation 6:00 Bingo</p>	<p>29 9:30 Morning Fitness 10:15 Circle of Friends: Bean Bag 12:30 Relax w/ magazines 1:30 Bible Study w/ Christine: C 2:30 Chit Chat w/ Kayla 3:00 Afternoon Fitness 7:00 Cabaret Night with Vickie</p>	<p>30 9:30 Morning Fitness 10:00 Chair Yoga 10:30 Lighthouse Ministry: 4th FL 12:30 Relax w/ music 1:00 Revival Time 2:30 Let's get Crafty 6:00 Bingo</p>
<p>31 9:30 Morning Fitness 10:15 Kiosk w/ RCA 1:30 Time for a Stroll 2:45 Trivia 3:30 Sunday Matinee 6:00 Bingo</p>						