























MAY 2019 MASON WRIGHT REFLECTION CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Keeping Busy Ideas: There is a notebook/binder of things to do with residents when there are lulls in activity. It's kept in the kitchen cabinets. Please feel free to add ideas to the binder, or to suggest them to Life Enrichment staff.	Morning Meeting: Every weekday at 8:30 in Christie's office, to go over the day's schedule. One RCA each morning is encouraged to attend whenever possible. 	1 May Day 9:45 Zumba Silver w/ Fatou 10:15 Fab & Fit 12:30 Relax w/ magazines 1:30 Word Search 2:00 Staff & Resident Talent Show 3:00 Afternoon Fitness 6:00 Pampering	2 Holocaust Remembrance Day 9:45 Kick Boxing 10:30 Artist Hub 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:30 Old Time Radio Show 3:30 Afternoon stroll 6:00 Bingo	3 9:45 Morning Fitness 10:30 Circle of Friends: Memory Ball 12:30 Relax w/ magazines 1:30 Bible Study w/ Christine: C 2:30 Happy Hour w/ Kevin Paul 6:00 Singing w/ Enid 	4 9:45 Morning Fitness 10:15 Chair Yoga 10:30 Jackie & Friends 12:30 Relax with music 1:00 Revival Time 2:30 Time for a Stroll 3:15 Trivia 6:00 Bingo
5 Cinco de Mayo  9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:45 Trivia 3:30 Old Classic Comedy Show 6:00 Bingo	6 Ramadan Begins 9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 Funny Bone 3:30 Let's make Music 6:00 Pampering	7 9:45 Kick Boxing 10:30 Circle of Friends: Memory Ball 12:30 Relax w/ magazines 1:30 Creative Expression 2:30 Singing w/ Marvin  3:45 Word search 6:00 Evening Gathering 	8 9:45 Zumba Silver w/ Fatou 10:00 Sing Out! 12:30 Relax w/ magazines 1:30 Feed the Birds 2:30 Trivia 3:00 Afternoon Fitness 6:00 Coloring for relaxation	9 9:45 Kick Boxing 10:30 Hakuna Matata 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:30 Coloring for relaxation 3:30 Trivia 6:00 Movie and Popcorn 	10 9:45 Morning Fitness 10:15 Meditation 12:30 Relax w/ magazines 1:30 Time for a stroll 2:00 Cooking Demonstration: D  6:00 Singing w/ Enid	11 9:45 Morning Fitness 10:15 Life Center Ministry: C 12:30 Relax with magazines 1:30 Time for a stroll 2:30 Let's get Crafty 3:15 Trivia 6:00 Bingo
12 Mother's Day  9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Feed the birds 2:45 Family Feud 3:30 Old Classic Comedy Show 6:00 Bingo	13 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 You be the Judge 3:30 Afternoon Exercise 6:00 Evening Gathering	14 9:45 Kick Boxing 10:00 Sing Out Recital  12:30 Relax w/ magazines 1:30 Time for a Stroll 2:30 Karaoke Time 3:30 Funny Bone 6:00 Bingo 	15 9:45 Zumba Silver w/ Fatou 10:15 Music club w/ Sarah  12:30 Relax w/ magazines 1:30 Afternoon Stretching 2:15 Outdoor Volleyball 3:30 coloring for relaxation 6:00 Pampering	16 9:45 Kick Boxing 10:30 Hakuna Matata 12:30 Relax w/ magazines 1:30 Eastfield Mall Trip 2:15 Easy Listening 3:30 Afternoon Stretching 6:00 Bingo 	17 9:45 Morning Fitness 10:15 Meditation 12:30 Relax w/ magazines 1:15 Spiritual Moment 1:30 Bible Study w/ Christine: C 2:30 Happy Hour w/ Sandy & Sandy 6:00 Singing w/ Enid 	18 9:45 Morning Fitness 10:15 Chair Yoga 10:30 Lighthouse Ministry: 4th FL 12:30 Relax w/ music 1:30 Lawn Games 3:00 Word Search 6:00 Bingo
19 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Let's make Ice Cream 3:30 Old Classic Comedy Show 6:00 Bingo 	20  9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:15 Walk at Stanley Park 2:15 Kiosk w/ RCA 3:30 Word Search 6:00 Coloring for relaxation	21 9:45 Kick Boxing 10:15 Circle of Friends: Yesterday 12:30 Housekeeping/relax w/ music 1:30 Ice Cream Sundae & Chit Chat 3:45 Easy Listening 6:00 Evening Gathering	22 9:45 Zumba Silver w/ Fatou 10:15 Fab & Fit 12:30 Housekeeping/relax w/ music 1:00 Fenway Park 1:30 Kiosk w/ RCA 3:00 Afternoon Fitness 6:00 Coloring for relaxation	23  9:45 Kick Boxing 10:30 Hakuna Matata 12:30 Housekeeping/ Relax w/ music 1:30 Outdoor Karaoke 2:30 Iced Tea & Chit Chat 3:30 Trivia 6:00 Movie & Popcorn 	24 9:45 Morning Fitness 10:30 Circle of Friends: Yesterday 12:30 Relax w/ magazines 1:30 Bingo 3:30 Charades 6:00 Singing w/ Enid	25 9:45 Morning Fitness 10:00 Life Center Ministry: 4th FL 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 Let's get Crafty 3:30 Story Starters 6:00 Bingo
26 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a stroll 2:45 Story Starters 3:30 Old Classic Comedy Show 6:00 Bingo	27 Memorial Day  9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Afternoon Stretching 3:30 This & That Trivia 6:00 Evening Gathering	28 9:45 Kick Boxing 10:15 Circle of Friends: Yesterday 12:30 Relax w/ magazines 1:30 Afternoon Stretching 2:30 Outdoor Karaoke 3:00 6:00 Bingo	29 9:45 Zumba Silver w/ Fatou 10:15 Fab & Fit 12:30 Relax w/ magazines 1:30 Feed the Birds  2:00 Birthday Bash w/ Gary Jones 6:00 Pampering	30 9:45 Kick Boxing 10:30 Hakuna Matata 11:15 Lunch at Forest Park 12:30 Relax w/ magazines 1:30 Outdoor Volleyball 2:45 Nails & Chit Chat 3:30 Trivia 6:00 Bingo	31 9:45 Morning Fitness 10:15 Meditation 12:30 Relax w/ magazines 1:30 Lawn Games 3:30 Fun Facts 6:00 Singing w/ Enid	