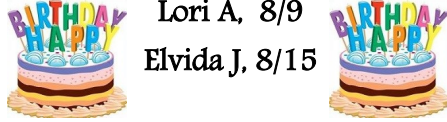
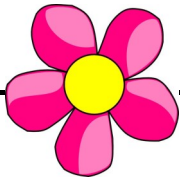

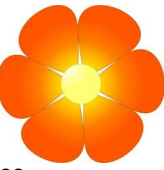





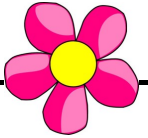









AUGUST 2019 MASON WRIGHT REFLECTION CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SALON: Lower Level, Mondays, 9:30-4:00 by appointment. Sets, haircuts, shampoos, color, perms, manicures, and other services. Book appointments at Front Desk.</p>	<p>Keeping Busy Ideas: There is a notebook/binder of things to do with residents when there are lulls in activity. It's kept in the kitchen cabinets. Please feel free to add ideas to the binder, or to suggest them to Life Enrichment staff.</p>	<p>August Birthdays Leona T, 8/4 Ramona C, 8/9 Lori A, 8/9 Elvida J, 8/15</p> 	<p>Morning Meeting: Every weekday at 8:30 in Christie's office, to go over the day's schedule. One RCA each morning is encouraged to attend whenever possible.</p>	<p>1 9:45 Kick Boxing 10:15 Circle of Friends: Patio 12:30 Housekeeping/ Relax w/ music 1:30 Feed the Birds 2:30 Word Search 3:30 Conversation Cards 6:00 Movie & Popcorn</p> 	<p>2 9:45 Morning Fitness 10:30 Circle of Friends: Memory Ball 12:00 Country Western BBQ 1:30 Easy Listening 2:30 Bingo 3:00 Sensory Room 6:00 Evening Gathering</p> 	<p>3 9:45 Morning Fitness Kiosk 10:15 Chair Yoga 10:45 Jackie & Friends 12:30 Relax with music 1:00 Revival Time: SR 2:30 Time for a Stroll 3:30 Easy Listening 6:00 Bingo</p>
<p>4 Happy Birthday Leona! 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:45 Memory Ball 3:30 Sunday Matinee 6:00 Evening Gathering</p> 	<p>5 9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:30 Time for a stroll 2:00 Current Events 3:00 Sensory Room 6:00 Coloring for relaxation</p>	<p>6 9:45 Kick Boxing 10:15 Fab & Fit 11:15 Lunch at Nippon Grill 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 Girls Code Meeting 3:45 Word search 6:30 Evening Gathering</p>	<p>7 9:45 Zumba Silver w/ Fatou 10:15 Outdoor Lawn Games 10:30 Sensory Room 12:30 Relax w/ magazines 1:30 Trivia/ Word Search 2:30 Chit Chat on the Patio 6:00 Coloring for relaxation</p>	<p>8 9:45 Kick Boxing 10:30 Hakuna Matata 12:30 Relax w/ magazines 1:30 Karaoke Time 2:30 Word Search 3:30 Classic Comedy Shows 6:00 Pampering</p>	<p>9 Happy Birthday Ramona & Lori ! 9:45 Morning Fitness 10:15 Meditation 12:30 Relax w/ magazines 1:30 Bible Study w/ Christine: C 2:30 Happy Hour w/ Laurie Festa 6:00 Bingo</p> 	<p>10 9:45 Morning Fitness 10:15 Life Center Ministry: C 12:30 Relax with magazines 1:30 Time for a stroll 2:30 Let's get Crafty 3:30 Coloring for relaxation 6:00 Evening Gathering</p>
<p>11 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Feed the birds 2:45 Nails and Chit Chat 3:30 Old Classic Comedy Show 6:00 Bingo</p>	<p>12 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Coloring for relaxation 2:00 Dance Lessons w/ Natasha 3:30 I got it! 6:00 Evening Gathering</p>	<p>13 9:45 Kick Boxing 10:15 Bucket Drumming 10:30 Sensory Room 12:30 Relax w/ magazines 1:15 Word Search 2:30 Hypertension Diet Seminar 3:30 Funny Bone 6:00 Bingo</p> 	<p>14 9:45 Zumba Silver w/ Fatou 10:15 Music Club w/ Sarah 11:15 Picnic at Heritage Park 12:30 Relax w/ magazines 1:30 Kiosk w/ RCA 2:00 Easy Listening 2:45 Afternoon Stretching 6:00 Pampering</p> 	<p>15 Happy Birthday Elvida! 9:45 Kick Boxing 10:15 Circle of Friends: Patio 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:15 Coloring for relaxation 3:30 Mini Outdoor Stroll 6:00 Bingo</p>	<p>16 9:45 Morning Fitness 10:30 Circle of Friends: Memory Ball 12:00 50's Diner Theme BBQ w/ Special Musical Guest 2:30 Afternoon Stretching 3:30 Sensory Room 6:00 Evening Gathering</p> 	<p>17 9:45 Morning Fitness 10:15 Chair Yoga 10:30 Lighthouse Ministry: 4th FL 12:30 Relax w/ music 1:30 Let's get Crafty 2:30 Time for a stroll 3:30 Wild Cards 6:00 Bingo</p>
<p>18 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:00 Singing w/ Marvin 3:30 Sensory Room 6:00 Evening Gathering</p> 	<p>19 9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:30 Outdoor Stroll 2:30 Dance Lessons w/ Natasha 3:00 Coloring for relaxation 6:00 Pampering</p>	<p>20 9:45 Kick Boxing 10:15 Fab & Fit 12:30 Housekeeping/relax w/ music 1:30 Time for a stroll 2:30 Styled by Fatou 3:30 Sensory Room 6:00 Evening Gathering</p> 	<p>21 9:45 Zumba Silver w/ Fatou 10:15 Sing Out! 12:30 Housekeeping/relax w/ music 1:30 Daily Chronicles 2:00 coloring for relaxation 3:30 Easy Listening 6:00 Bingo</p>	<p>22 9:45 Kick Boxing 10:30 Hakuna Matata 12:30 Housekeeping/ Relax w/ music 1:30 Heritage Park 2:30 Word Search 3:00 Sensory Room 6:00 Movie & Popcorn</p>	<p>23 9:45 Morning Fitness 10:30 Circle of Friends: Spin & Solve 12:30 Housekeeping/ Relax w/ music 1:30 Easy Listening 2:00 Ice Cream Soda Shop 7:00 Richie Mitnick & Joe Salmeri</p> 	<p>24 9:45 Morning Fitness 10:00 Life Center Ministry: 4th FL 12:30 Relax w/ magazines 1:30 Word Search 2:30 Coloring for relaxation 3:30 Bingo 6:00 Evening Gathering</p>
<p>25 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Let's Make Pizza 3:30 Sunday Matinee 6:00 Bingo</p> 	<p>26 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Outdoor Stroll 2:30 Bingo 3:00 Sensory Room 6:00 Evening Gathering</p>	<p>27 9:45 Kick Boxing 10:15 Circle of Friends: Outside 12:30 Relax w/ magazines 1:30 Daily Chronicles 2:00 Singing w/ Marvin 6:00 Bingo</p> 	<p>28 9:45 Zumba Silver w/ Fatou 10:15 Bucket Drumming Class 12:30 Relax w/ magazines 1:30 Word Search 2:00 Birthday Party 3:30 Afternoon Stretching 6:00 Pampering</p> 	<p>29 9:45 Kick Boxing 10:15 Circle of Friends: Patio 12:30 Relax w/ magazines 1:30 Nails & Chit Chat 2:15 Birthday Bash w/ Dave Colucci 3:30 Mini Outdoor Stroll 6:00 Bingo</p>	<p>30 9:45 Morning Fitness 10:30 Circle of Friends: Memory Ball 12:00 All American BBQ 1:30 Time for a Stroll 2:30 Word Search 3:00 Old Classic Comedy Show 6:00 Evening Gathering</p> 	<p>31 9:45 Morning Fitness Kiosk 10:15 Chair Yoga 12:30 Relax with music 1:30 Easy Listening 2:30 Nails and Chit Chat 3:30 Trivia 6:00 Bingo</p>