





FEBRUARY 2020 MASON WRIGHT REFLECTION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Keeping Busy Ideas: There is a notebook/binder of things to do with residents when there are lulls in activity. It's kept in the kitchen cabinets. Please feel free to add ideas to the binder, or to suggest them to Life Enrichment staff.</p>	<p>Morning Meeting: Every weekday at 8:30 in Christie's office, to go over the day's schedule. One RCA each morning is encouraged to attend whenever possible.</p>	 <p>Black History Month</p>	 <p>Happy Birthday Georgette B 2/4 Camen Q 2/10</p> 	 <p>HAPPY Valentine's DAY</p>	<p>1 9:45 Morning Fitness 10:15 Chair Yoga 10:45 Jackie & Friends 12:30 Relax with music 1:00 Revival Time 2:45 Black Histry Trivia 3:30 Afternoon Stretching 6:00 BINGO</p>	
<p>2 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:15 Reminiscing 3:00 United Temple Church: SR 3:15 Bean Bag Toss 6:00 Pampering</p>	<p>3 9:45 Morning Fitness 10:15 Viability Visit 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Pictionary 3:30 BINGO 6:00 Old Time Radio Show</p>	<p>4 9:45 Strength & Balance 10:15 Remember Me 10:35 Bowling 12:30 Relax w/ music 1:30 Time for a stroll 2:30 Charades 3:30 Physio Ball Kicking 6:00 Evening Gathering</p>	<p>5 9:45 Zumba Silver 10:15 Fit & Fab: D 11:15 Lunch at Chilies 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:30 Black History Jeopardy 3:30 Football Toss 3:30 Sensory Room 6:00 Coloring for relaxation</p>	<p>6 9:45 Kick Boxing 10:15 Remember Me 10:35 Football Toss 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:30 Charades 3:30 Trivia 6:00 Pampering</p>	<p>7 9:45 Morning Fitness 10:15 Bright Future Kids 10:30 Bean Bag Toss 12:30 Relax w/ magazines 1:15 Word Search 2:00 Happy Hour w/ Dave Colucci 3:30 Coloring for Relaxation 6:15 Evening Chair Yoga w/ Jenna</p>	<p>8 9:45 Morning Fitness 10:15 Life Center Ministry: C 12:30 Relax with magazines 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Creative Corner 6:00 Coloring for relaxation</p>
<p>9 9:45 Morning Fitness: Kiosk 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:30 Funny Bone 3:30 Motown Sing Along 6:00 BINGO</p>	<p>10 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Creative Pod 2:45 Afternoon Stretching 3:30 Bean Bag Toss 3:30 Sensory Room 6:00 Evening Gathering</p>	<p>11 9:45 Strength & Balance 10:15 Remember Me 10:35 Football Toss 12:30 Relax w/ magazines 1:30 Time for a stroll 2:30 You be the Judge 3:30 Octaband 6:00 Coloring for relaxation</p>	<p>12 9:45 Zumba Silver 10:15 Super Food Lecture 12:30 Relax w/ magazines 1:15 Rebecca Johnson School Visit 1:45 Word Search 2:15 Charades 3:30 Afternoon Stretching 6:00 Pampering</p>	<p>13 9:45 Kick Boxing 10:15 Remember Me 10:35 Scarf Dancing 12:30 Relax w/ magazines 1:30 Sensory Room 1:30 Time for a Stroll 2:45 Coffee & Reminisce 3:30 Nails & Chit Chat 3:30 Book Club 6:00 BINGO</p>	<p>14 9:45 Morning Fitness 10:30 Football Toss 12:30 Relax w/ magazines 1:15 Coloring for Relaxation 2:00 Hearts Dance 3:30 Memory Dice 6:00 Old Time Radio Show</p>	<p>15 9:45 Morning Fitness 10:15 Chair Yoga 10:30 Lighthouse Ministry: SR 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Sing Along w/Trinity Church 3:30 Black Histry Trivia 6:00 BINGO</p>
<p>16 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 Time for a Stroll 3:00 United Temple Church: SR 3:15 Football Toss 6:00 Classic Comedy Show</p>	<p>17 Presidents' Day 9:45 Morning Fitness 10:15 Black History Show & Tell 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Charades 3:30 Gabbing w/ Fatou 6:00 Old Time Radio Show</p>	<p>18 9:45 Strength & Balance 10:15 Remember Me 10:20 Physio Ball 12:30 Housekeeping/relax w/ music 1:30 Springfield Museum 1:45 Finishing Lines 2:30 Motown Sing Along 3:30 Coffee & Reminisce 6:00 Evening Gathering</p>	<p>19 9:45 Zumba Silver 10:15 Music Club w/ Sarah 12:30 Relax w/ magazines 1:30 Indoor Scavenger Hunt 2:30 Singing w/ Marvin 3:30 Funny Bone 6:00 BINGO</p>	<p>20 9:45 Kick Boxing 10:15 Remember Me 10:35 Bean Bag Toss 12:30 Relax w/ music 1:30 Pictionary 2:30 Finishing Lines 3:30 Baking Club 3:30 Nails & Chit Chat 6:00 Movie & Popcorn</p>	<p>21 9:45 Morning Fitness 10:15 Bright Future Kids 10:30 Bowling 12:30 Relax w/ magazines 1:15 Spiritual Moment 2:15 Sweetheart Sing Along 3:30 Afternoon Stretching 6:00 BINGO</p>	<p>22 9:45 Morning Fitness 10:45 International Faith Outreach Ministry: C 12:30 Relax w/ magazines 1:30 Time for a Stroll 2:30 Creative Corner 6:00 Evening Gathering</p>
<p>23 9:45 Morning Fitness 10:30 Kiosk w/ RCA 12:30 Relax w/ magazines 1:30 What's Cooking? 3:00 Afternoon Stretching 3:30 Motown Sing Along 6:00 BINGO</p>	<p>24 Flag Day 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Let's Decorate 2:30 Birthday Party 3:30 Funny Bone 6:00 Coloring for relaxation</p>	<p>25 9:45 Strength & Balance 10:15 Remember Me 10:35 Bowling 12:30 Relax w/ music 1:30 Coloring for Relaxation 2:30 Mardi Gras Party Richie & Ethel 3:30 Gabbin w/ Fatou 6:00 Pampering</p>	<p>26 Ash Wednesday 9:45 Zumba Silver 10:15 Sing Out Chorus 12:30 Relax w/ magazines 1:30 Black History Jeopardy 2:30 Singing w/ Marvin 3:30 Time for a Stroll 6:00 BINGO</p>	<p>27 9:45 Kick Boxing 10:15 Remember Me 10:30 Football Toss 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Charrades 3:30 Book Club 6:30 Pampering</p>	<p>28 9:45 Morning Fitness 10:30 Football Toss 12:30 Relax w/ magazines 1:15 Time for a Stroll 2:00 Finishing Lines 3:00 Classic Comedy Show 3:30 Afternoon Stretching 6:00 Old Time Radio Show</p>	<p>29 9:45 Morning Fitness 10:15 Chair Yoga 12:30 Relax w/ music 1:30 Time for a Stroll 2:30 Motown Sing Along 3:30 Black Histry Trivia 6:00 BINGO</p>