



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="color: yellow;">AUGUST 2023</h1> 		<p>9:15 Morning Meeting 1</p> <p>9:45 Morning Fitness</p> <p>10:45 Name that Instrument</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 Patio Time</p> <p>2:00 Music Mayhem</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Music & Magazines</p>	<p>9:15 Morning Meeting 2</p> <p>9:45 Morning Fitness</p> <p>10:45 You be the Judge</p> <p>12:30 Housekeeping & Coloring</p> <p>1:30 Noodle Balloon</p> <p>2:00 Bingo</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Classic Comedy Show</p>	<p>9:15 Morning Meeting 3</p> <p>9:45 Morning Fitness</p> <p>10:45 Yesterday</p> <p>12:30 Housekeeping & Sensory Boxes</p> <p>1:30 Conversation Cards</p> <p>2:00 Expressive Art</p> <p>3:30 Outdoor Stroll</p> <p>6:00 Pampering</p>	<p>9:15 Morning Meeting 4</p> <p>9:45 Morning Fitness</p> <p>10:45 Reading Buddies: SR</p> <p>12:30 Housekeeping & Magazines</p> <p>1:30 Jokes & Riddles</p> <p>2:00 Shuffleboard: SR</p> <p>3:15 Ice Cream Sundaes Social: D</p> <p>6:00 Movie Night & Popcorn</p>	<p>9:15 Morning Meeting 5</p> <p>9:45 Morning Fitness</p> <p>10:45 Let's Learn About it.</p> <p>12:30 Relax with Puzzles</p> <p>1:30 Cornhole</p> <p>2:00 Expressive Art</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Old Time Radio Program</p>
<p>9:15 Morning Meeting 6</p> <p>9:45 Morning Fitness</p> <p>10:45 Trivia Teasers</p> <p>11:15 Scripture Reading/ Sunday Mass on T.V.</p> <p>12:30 Coloring for Relaxation</p> <p>1:30 Football Toss</p> <p>2:00 Bingo</p> <p>3:30 Chair Yoga</p> <p>6:00 Movie Night with Popcorn</p>	<p>9:15 Morning Meeting 7</p> <p>9:45 Morning Fitness</p> <p>10:45 Garden Club: SR/P</p> <p>12:30 Housekeeping & Magazines</p> <p>1:30 Toss Across</p> <p>2:00 Musical Songbook: SR</p> <p>3:30 Mindful Meditative Breathing</p> <p>6:00 Old Time Radio Show</p>	<p>9:15 Morning Meeting 8</p> <p>9:45 Morning Fitness</p> <p>10:45 Reminiscing</p> <p>12:30 Housekeeping & Magazines</p> <p>1:30 Big Board Games</p> <p>2:00 Expressive Art</p> <p>3:30 Mindful Meditative Breathing</p> <p>6:00 Old Time Radio Show</p>	<p>9:15 Morning Meeting 9</p> <p>9:45 Morning Fitness</p> <p>10:45 Visual Trivia</p> <p>12:30 Housekeeping & Sensory Boxes</p> <p>1:30 Balloon Toss</p> <p>2:00 Bingo</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Classic Comedy Show</p>	<p>9:15 Morning Meeting 10</p> <p>9:45 Morning Fitness</p> <p>10:45 Name That Tune</p> <p>12:30 Housekeeping & Coloring</p> <p>1:30 Toss Across</p> <p>2:00 Drumming & Movement: SR</p> <p>3:30 Outdoor Stroll</p> <p>6:00 Sentimental Reflections</p>	<p>9:15 Morning Meeting 11</p> <p>9:45 Morning Fitness</p> <p>10:45 Yesterday</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 Patio Time</p> <p>2:00 Noodle Ball: SR</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Movie Night & Popcorn</p>	<p>9:15 Morning Meeting 12</p> <p>9:45 Morning Fitness</p> <p>10:30 Spiritual Moments</p> <p>12:30 Relax with Hand Massages</p> <p>1:30 Golf</p> <p>2:00 Name that Tune</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Music and Magazines</p>
<p>9:15 Morning Meeting 13</p> <p>9:45 Morning Fitness</p> <p>10:45 Reminiscing</p> <p>11:00 Scripture Reading/ Sunday Mass on T.V.</p> <p>12:30 Language Learners</p> <p>1:30 Bocce Ball</p> <p>2:00 Bingo</p> <p>3:30 Chair Chi</p> <p>6:00 Movie Night with Popcorn</p>	<p>9:15 Morning Meeting 14</p> <p>9:45 Morning Fitness</p> <p>10:45 Garden Club: SR/P</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 Football Toss</p> <p>2:00 Musical Songbook: SR</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Pampering</p>	<p>9:15 Morning Meeting 15</p> <p>9:45 Morning Fitness</p> <p>10:45 Name that Instrument</p> <p>12:30 Housekeeping & Sensory Boxes</p> <p>1:30 Toss Across</p> <p>3:00 Catholic Mass: SR (The Feast of the Assumption)</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Music & Magazines</p>	<p>9:15 Morning Meeting 16</p> <p>9:45 Morning Fitness</p> <p>10:45 Visual Adventure</p> <p>12:30 Housekeeping & Magazines</p> <p>1:30 Noodle Balloon</p> <p>2:00 Bingo</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Old Time Radio Show</p>	<p>9:15 Morning Meeting 17</p> <p>9:45 Morning Fitness</p> <p>10:45 Fun with Music: SR</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 Noodle Balloon</p> <p>2:00 Remember When</p> <p>3:30 Breathwork & Relaxation Stretch</p> <p>6:00 Pampering</p>	<p>9:15 Morning Meeting 18</p> <p>9:45 Morning Fitness</p> <p>11:30 Diner Day Buffet: SR</p> <p>12:30 Housekeeping & Coloring</p> <p>1:30 Balloon Toss</p> <p>2:00 Music Mayhem</p> <p>3:30 Mindful Meditative Breathing</p> <p>6:00 Movie Night & Popcorn</p>	<p>9:15 Morning Meeting 19</p> <p>9:45 Morning Fitness</p> <p>10:45 Summer Road Trip Travelogue</p> <p>12:30 Relax with Word Searches</p> <p>1:30 Tic Tac Toe Toss</p> <p>2:00 Famous Faces</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Classic TV Show</p>
<p>9:15 Morning Meeting 20</p> <p>9:45 Morning Fitness</p> <p>10:45 Old Wives Tales</p> <p>11:15 Scripture Reading / Sunday Mass on T.V.</p> <p>12:30 Scattergories</p> <p>1:30 Bullseye</p> <p>2:00 Bingo</p> <p>3:30 Chair Yoga</p> <p>6:00 Movie Night with Popcorn</p>	<p>9:15 Morning Meeting 21</p> <p>9:45 Morning Fitness</p> <p>10:45 Garden Club: SR/P</p> <p>12:30 Housekeeping & Coloring</p> <p>1:30 Conversation Cards</p> <p>2:00 Musical Songbook: SR</p> <p>3:30 Creative Cooking with Adam & Ryan: 3rd D</p> <p>6:00 Classic Comedy Show</p>	<p>9:15 Morning Meeting 22</p> <p>9:45 Morning Fitness</p> <p>10:45 Yesterday</p> <p>12:30 Housekeeping & Sensory Boxes</p> <p>1:30 Conversation Cards</p> <p>2:00 Music Mayhem</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Classic Comedy Show</p>	<p>9:15 Morning Meeting 23</p> <p>9:45 Morning Fitness</p> <p>10:30 Sarah the Fiddler: SR</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 Big Board Games</p> <p>2:00 Expressive Art</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Music & Magazines</p>	<p>9:15 Morning Meeting 24</p> <p>9:45 Morning Fitness</p> <p>10:45 Visual Trivia</p> <p>12:30 Housekeeping & Magazines</p> <p>1:30 Jokes & Riddles</p> <p>2:30 Freddy Marion: SR</p> <p>3:30 Mindful Meditative Breathing</p> <p>6:00 Old Time Radio Show</p>	<p>9:15 Morning Meeting 25</p> <p>9:45 Morning Fitness</p> <p>10:45 Reading Buddies: SR</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 You be the Judge</p> <p>2:00 Sabor Latino: D</p> <p>3:30 Outdoor Stroll</p> <p>6:00 Movie Night & Popcorn</p>	<p>9:15 Morning Meeting 26</p> <p>9:45 Morning Fitness</p> <p>10:45 Lets Learn about it</p> <p>12:30 Laughter Circle</p> <p>1:30 Samba Fitness</p> <p>2:00 Word Games</p> <p>3:30 Stretching for Relaxation</p> <p>6:00 Sentimental Reflections</p>
<p>9:15 Morning Meeting 27</p> <p>9:45 Morning Fitness</p> <p>10:45 Tid Bits</p> <p>11:00 Scripture Reading Sunday Mass on T.V.</p> <p>12:30 Relax with Sensory Boxes</p> <p>1:30 Cardio Drumming</p> <p>2:00 Bingo</p> <p>3:30 Chair Chi</p> <p>6:00 Movie Night with Popcorn</p>	<p>9:15 Morning Meeting 28</p> <p>9:45 Morning Fitness</p> <p>10:45 You be the Judge</p> <p>12:15 Birthday Lunch: D</p> <p>12:30 Housekeeping & Coloring</p> <p>1:30 Balloon Toss</p> <p>2:00 Musical Songbook: SR</p> <p>3:30 Outdoor Stroll</p> <p>6:00 Pampering</p>	<p>9:15 Morning Meeting 29</p> <p>9:45 Morning Fitness</p> <p>10:45 Visual Adventure</p> <p>12:30 Housekeeping & Puzzles</p> <p>1:30 Noodle Balloon</p> <p>2:00 Expressive Art</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Classic Comedy Show</p>	<p>9:15 Morning Meeting 30</p> <p>9:45 Morning Fitness</p> <p>10:45 Yesterday</p> <p>12:30 Housekeeping & Coloring</p> <p>1:30 Football Toss</p> <p>2:00 Bingo</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Classic Comedy Show</p>	<p>9:15 Morning Meeting 31</p> <p>9:45 Morning Fitness</p> <p>10:30 Drumming & Movement: SR</p> <p>12:30 Housekeeping & Magazines</p> <p>1:30 Toss Across</p> <p>2:00 Expressive Art</p> <p>3:30 Coloring for Relaxation</p> <p>6:00 Classic Comedy Show</p>		

Activities Subject to Change