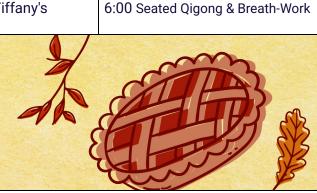
Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:45 Daily Chronicle 10:00 Morning Movements November 2025 Reflections 10:45 Let's Laugh Together 1:00 Spell-it-out-Fitness 2:00 Poet's Unite 3:00 Sing-Along to the 50's 4:00 Mindful Meditation 6:00 Pampering



9:15 Daily Chronicle 30 Afternoon snack is offered between 2:00-3:00. 9:45 Morning Movements

SALON: Lower Level, Mondays, by appointment. Book appointments at Front Desk.

Activities are Subject to Change.



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10:45 Devotions & T.V. Mass

4:00 Remember When

1:00 Golf 2:00 Pictionary

3:00 Zumba